

**INVITATION TO
THE POLAR BEAR CLASSIC
&
CANADIAN JUNIOR TEAM TRIALS**

**SPRINGBOARD AND PLATFORM
DIVING COMPETITION**



MARCH 16-19, 2023

**Pan Am Pool, 25 Poseidon Bay,
Winnipeg, Manitoba, Canada**

Invitation to DIVE

Please join us this year for the annual Polar Bear Classic Diving Invitational, held in memoriam of lifelong supporter of the art and sport of diving, Vaughan Baird, at the historic Pan Am Pool in Winnipeg, Manitoba. For more information on Vaughan Baird's incredible contribution to diving, please visit www.divemanitoba.ca.

This year the Polar Bear Classic is Diving Plongeon Canada's trials for Junior Teams for international competitions in Age Groups A, B and C. The competition is also a sanctioned qualifier for Canadian divers to qualify for Junior and Senior national championships.

The Pan Am Pool was built for the 1967 Pan Am Games and was the first Olympic-sized indoor facility in Canada. Winnipeg hosted a second Pan Am Games, and the pool underwent a major facelift in preparation for hosting the 1999 Pan Am Games. The Pan Am Pool completed more renovations, including construction of a brand-new dryland training room, prior to hosting the 2017 Canada Summer Games, as well as new audio systems and roofing in 2018.

Facilities include three 1-metre springboards, two 3-metre springboards and 3-metre, 5-metre, 7.5-metre and 10-metre platforms, all wide enough for synchronized diving. Dryland includes two trampolines, two dry boards, somersaulting platform and bouncy floor.

REVOLUTION DIVING is excited to welcome you to our competition.
Alternate between the pool and the snow... join us at the Polar Bear Classic!

Sincerely,
Revolution Staff & Volunteers

P.S. Don't forget to pack your mittens! 😊

COMPETITION INFORMATION

DATE: March 16-19, 2023

HOST CLUB: REVOLUTION DIVING

MEET MANAGER: Marie-Pier Berman

TECHNICAL DIRECTOR: Juan Campuzano

EXECUTIVE DIRECTOR: Ken Stevens

LOCATION: Pan Am Pool, 25 Poseidon Bay, Winnipeg, Manitoba, CANADA

EVENTS: 2023 Canadian National Qualifier with sanctioned Age Group and Open events on 1-metre, 3-metre and Platform (Diving Plongeon Canada Rules)

RULES: Diving Plongeon Canada Age Group Rules:
<https://diving.ca/wp-content/uploads/2023/01/CDAG-2023-DIVE-REQUIREMENTS-EN-Jan-12-2023.pdf>
C FINALS will be composed of 4 divers from C1 and 6 divers from C2.

Diving Canada to provide selection criteria for Junior Teams

ENTRIES: Email registration to Technical Director at entries.revolutiondiving@gmail.com
Diver registration and event entries must be received by February 28, 2023

ENTRY FEES: \$60 registration fee per athlete (includes lunch for athletes)
\$50 per event

DIVE SHEETS: Email dive sheets in advance to: entries.revolutiondiving@gmail.com
Dive sheets must be submitted a minimum of 24 hours prior to the event.
Changes to dive sheets must be submitted a minimum of 1 hour prior to the event's posted start time.
No new dive sheets will be accepted within one hour of the posted start time of the event.

AWARDS: Medals will be awarded to the top three in each event
Ribbons will be presented to 4th – 8th in each event

SCHEDULE: The final event schedule will be provided after the registration deadline.
Events may run up to 30 minutes ahead of the final scheduled times.
Springboards will be open for practice during platform restricted practice times.
Platforms will be open for practice during springboard restricted practice times.



HOSPITALITY

Athletes and Parents:

- Lunch will be provided for athletes, cost is included in the diver registration fee
- Parents and guests can purchase lunch tickets for \$15 per day at the retail booth
- Snacks can be purchased throughout the day from the retail booth located at the canteen

Coaches and Judges:

- Coffee and tea will be provided for coaches and judges throughout the day
- Lunch will be provided for coaches and judges

HOST HOTEL

Winnipeg Airport Hampton Inn by Hilton

730 Berry Street. Winnipeg, MB R3H 0S6

This hotel is a two-minute drive from the airport and less than 15-minute drive to the pool. It is a newer hotel, has a great breakfast, and is a five-minute drive to the Polo Park Shopping Centre. Guests make reservations directly with the hotel by clicking the [link](#) below or by calling the front desk at **1 (800) Hampton or (204) 772-3000**.

<https://group.hamptoninn.com/rg07ij>

Individuals must identify themselves as part of the group by mentioning the group code: **MD1** OR Group Name: **Dive Manitoba**.

Guest room block will release on **March 1st**; please ensure all guests have called in to book their rooms before then.

INDIVIDUAL CANCELLATIONS: Please note that due to the nature of this group booking (a courtesy room block), our hotel's standard cancellation policy for individual transient reservations does not apply to individual reservations within the group. Instead, individual cancellations by guests must be received by our hotel no later than 7 days prior to the scheduled arrival date.

TRAINING SCHEDULE

Monday, March 13

2:30 pm Dryland opens
3:30 - 5:00 pm Water

Tuesday, March 14

9:00 am Dryland opens
10:00 am - 12:30 pm Water
2:00 pm Dryland opens
3:00 - 5:00 pm Water

Wednesday, March 15

9:00 am Dryland opens
10:00 am - 12:30 pm Water
2:00 pm Dryland opens
3:00 - 5:00 pm Water

A coaches meeting is scheduled for 7pm on Wednesday, March 15th at Pan Am Pool.

COMPETITION SCHEDULE

Tentative schedule is attached.

The final event schedule will be provided after the registration deadline.

The technical director reserves the right to amend the schedule based on entries received.

Events may change time within the day the year scheduled, but we endeavor to keep the events on the day listed in the tentative schedule.

There will be a minimum of 30 minutes of practice time prior to all Trials events.


There will be a minimum of 15 minutes of practice prior to C & D finals.

There will be a minimum of 20 minutes of practice time prior to all other events.

Events may run up to 30 minutes ahead of the final scheduled times.

Springboards will be open for practice during platform restricted practice times.

Platforms will be open for practice during springboard restricted practice times.

			2023 POLAR BEAR CLASSIC & JUNIOR TEAM TRIALS			MAR. 16-19, 2023		
THURSDAY - MARCH 16, 2023								
Event	Start Time	End Time	1m	Platform	3m	Event	Start Time	End Time
1	9:00 AM			30 min practice BOYS C1 & C2 PRELIMS				
2				15 min practice BOYS C PLATFORM FINALS				
3			30 min practice GIRLS A 1M		30 min practice GIRLS C1 & GIRLS C2 PRELIMS			
4			20 min practice GIRLS & BOYS E 1M		15 min practice GIRLS C FINALS			
5				30 min practice GIRLS B PLATFORM				
6			30 min practice GIRLS D1 & GIRLS D2		30 min practice BOYS B 3M			
7					20 min practice MEN & WOMEN OPEN 3M			
FRIDAY - MARCH 17, 2023								
Event	Start Time	End Time	1m	Platform	3m	Event	Start Time	End Time
1	9:00 AM		GIRLS C1 & GIRLS C2	30 min practice	BOYS C1 & BOYS C2 PRELIMS			
2					15 min practice BOYS C FINALS			
3				30 min practice GIRLS A PLATFORM				
4			30 min practice BOYS B 1M		30 min practice BOYS A 3M			
5				20 min practice BOYS D1 & D2 PLATFORM				
6			20 min practice MEN & WOMEN OPEN 1M		20 min practice BOYS & GIRLS E			
SATURDAY - MARCH 18, 2023								
Event	Start Time	End Time	1m	Platform	3m	Event	Start Time	End Time
1	9:00 AM			30 min practice GIRLS C1 & C2 PLATFORM PRELIMS				
2				15 min practice GIRLS C PLATFORM FINALS				
3			30 min practice BOYS A 1M		30 min practice GIRLS B 3M			
4				30 min practice BOYS B PLATFORM				
5			20 min practice BOYS D1 & BOYS D2 1M		20 min practice GIRLS D1 & GIRLS D2 3M			
6				20 min practice BOYS & GIRLS E PLATFORM				
SUNDAY - MARCH 19, 2023								
Event	Start Time	End Time	1m	Platform	3m	Event	Start Time	End Time
1	9:00 AM			20 min practice GIRLS D1 & GIRLS D2 PLATFORM				
2			30 min practice GIRLS B 1M		30 min practice GIRLS A 3M			
3				30 min practice BOYS A PLATFORM				
4			20 min practice BOYS C1 & BOYS C2 1M		20 min practice BOYS D1 & BOYS D2 3M			
5				20 min practice OPEN PLATFORM MEN & WOMEN				

Events may run up to 30 minutes ahead of scheduled time.