

## 2022 CANADA SUMMER GAMES DIVING “TRAINING SQUAD” SELECTION CRITERIA

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### Preamble

Dive Manitoba’s goal for the Canada Summer Games is to field the strongest full team of athletes (4 males and 4 females) who will compete in all three individual events (1-metre, 3-metre and platform) and in the team events included in 2022 and future.

Included in the process of developing the strongest possible teams for Manitoba at these Games and future Games, is the naming of the “Canada Games Training Squad”. Members of the squad will have access to enrichment services that will supplement diving training from January to June 2022. These programs aim to compliment technical training in diving and may include sessions in Sport Psychology, Nutrition, Strength and Conditioning, Biomechanical Analysis, related physical training, etc.

This document intends to make clear the selection criteria by which Manitoba’s 2022 Canada Games Training Squad for the sport of Diving will be selected.

### Eligibility Criteria

To be considered for Dive Manitoba’s Training Squad for the 2022 Canada Games, athletes must meet the eligibility criteria outlined by the Canada Games Committee:

1. Be born in the years 2002 through 2011.
2. Not be a Senior National Team Member.
3. Be a Canadian citizen or permanent resident.
4. An athlete’s permanent residence must be located, at least 180 days prior to the Opening Ceremony, within the recognized boundaries of the province/territory they wish to represent. An athlete can only have one permanent residence.
5. Be a registered member in good standing with Dive Manitoba.

Athletes must also meet the following Dive Manitoba criteria, in order to be considered for selection:

1. Sign and act in compliance with Dive Manitoba’s Code of Conduct at all times.
2. Be training full time from January to June 2022 in a diving club that is registered and in good standing with Dive Manitoba.

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Training Squad activities are scheduled on a group basis through registered Manitoba clubs only. No monetary value will be provided to athletes who do not attend planned group activities with a registered Manitoba club.

### **Phase 1: Training Squad Selection (September to December 2021)**

As there were no competitions held in the 2020-2021 competitive season that athletes who were residents of Manitoba were able to compete in, the 2022 Canada Summer Games Training Squad selection is based on demonstration of minimums list of dives either in competition or by video submission from September 2021 to December 2021.

To be eligible for the 2022 Training Squad, divers must compete or demonstrate via video submission one of the following two criteria or higher:

- 1 full list of dives (on one of the three boards: 1-metre or 3-metre or platform) that meets Diving Canada national qualification requirements for the diver’s age group in 2021  
AND  
1 additional full list of dives (on a different board from the one above) that meets FINA requirements for the diver’s age group in 2021  
OR
- 3 full lists of dives (on each of 1-metre and 3-metre and platform) that meets FINA requirements for the diver’s age group in 2021

Results from competitions held between September 1, 2021 and December 17, 2021 are acceptable demonstrations of the above criteria.

In the absence of competition results, a time-stamped video submission sent via Dropbox ([request Dropbox link by emailing Ken at diving@sportmanitoba.ca](mailto:diving@sportmanitoba.ca)) must be received by December 23, 2021. Each list of dives must be filmed in consecutive order with only one attempt at each dive – in simulation of a regular competition performance – In order to be considered as suitable demonstration of the above criteria.

Upon review of all divers who meet the criteria by December 23rd, 2021, the Training Squad will be announced and made official in early January 2022.

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Due to extenuating circumstances of the last two seasons due to Covid-19 interruptions to training, a second deadline is also available:

- Divers who demonstrate one of the above criteria as it relates to their 2022 age group by February 26, 2022, using either competition results or video submission, will officially be added to the Training Squad in early March 2022.

No additional divers will be added to the training squad after this second deadline. However, any divers, whether or not they are on the training squad, are eligible to make the final team.

### **Phase 2: Training Squad Programming (January to June 2022)**

The Training Squad athletes, as identified based on the criteria stated in this document, will have access to enrichment services that supplement their diving training taking place January through June 2022. These programs will be approved by the Head Coach and aim to complement technical diving training. The Head Coach will distribute the schedule of activities to the qualified Training Squad athletes in January 2022.

Any athletes who join the Training Squad after the 2<sup>nd</sup> deadline will receive a schedule of the activities beginning in March 2022.

In order to remain on the Canada Games Training Squad, athletes must:

1. Commit to a competitive training program of a minimum of 12 hours per week with a diving club that is registered with Dive Manitoba.
2. Demonstrate commitment to the Training Squad through attendance at requisite enrichment service programming.
3. Act in compliance with the Manitoba Diving Canada Summer Games Code of Conduct at all times.

The Head Coach reserves the right to remove any athlete from the Training Squad, and the programming affiliated with it, if these minimum standards are not being met.